

Change happens one step at a time.

Employee Wellness



Green Committee

**Burn
Calories,
not
Kilowatts!**

Employee
Wellness



Green
Committee

Add years to
your life and
life to your
years.

Employee
Wellness



Green
Committee

Avoid
awkward
silences...
Take the
stairs!

Employee
Wellness



Green
Committee

Fight fat...
feel fit....
Frequent
these
flights!

Employee
Wellness



Green
Committee

Step up to
a healthier
& greener
lifestyle.

Employee
Wellness



Green
Committee

Burn
calories,
stress
less, get
healthy.

Employee
Wellness



Green
Committee

Small
steps
make a
big
difference

Employee
Wellness



Green
Committee

**Free
StairMaste[®]
Here!**

Employee
Wellness



Green
Committee

Nice calves!
Yes,
I'm talking to
you
stair-climber.

Employee
Wellness



Green
Committee