

# THE INCREDIBLE BLENDABLE BURGER



WE **BLEND MUSHROOMS WITH GROUND MEAT** TO CREATE A HEALTHIER, TASTIER PATTY THAT IS **BETTER FOR THE PLANET.**

## ♥ FOR YOUR HEALTH

Mixing mushrooms into your beef patties can **reduce sodium by 25%**, **reduce saturated fat by 30%**, **reduce calories by 20%**, and increase fiber and nutrients!

## 🏡 FOR YOUR COMMUNITY

Beef raised without non-therapeutic antibiotics helps keep antibiotics effective and reduces the chance of superbugs!

## 🌍 FOR YOUR PLANET

Substituting one burger with a blended burger every week for a year saves **17,000 gallons of water** and **138 pounds of methane** (equal to driving 3750 miles)!

## 🍴 FOR YOUR TASTEBUDS

Blending improves flavor and makes a juicier burger!

### Blending isn't just for burgers!

Try blending mushrooms, beans, grains, and other ingredients in your meatloaf, meatballs or chili.

