



LEGUMES

LEVEL UP YOUR PROTEIN

Creamy, savory, earthy legumes bring amazing flavors and textures to countless recipes from cultures around the world.

**Power your day
with legumes.**

BROUGHT TO YOU BY



hospital
logo

SATISFYING

Legumes — which include peas, beans, and lentils — are packed with protein and fiber.

SUSTAINABLE

Legumes are an important crop that make our soils healthier so we can grow food long into the future.

SUPPORTIVE

Buying local legumes helps our farmers and regional economy thrive.

