

It starts with us:

How I contribute to less waste

Meet your coworkers



Mother and daughter, Christine Apel-Cram's and Allison Klosi's ideas—and enthusiasm—tumble out in a torrent of words, overlapping, intertwining and finding new energy as they talk about how to make Dartmouth-Hitchcock (D-H) "greener." They finish each other's sentences, then chuckle, pause, and move on to their next good idea.

How do you contribute to less waste?

Over several months, they worked to establish waste reduction and energy conservation work at D-H. Nearly 170 co-workers in all ICU units joined the effort, many took tours of recycling services and engineering sites and came back to brainstorm about the changes they could make on their unit.

"Educating staff is the most important component to the success of this type of program. "If you make it convenient and clear for people, everyone will put the right thing in the right bucket," Christine says. "It's that easy."

Leading communities to a healthier future

Together, we can put a lid on waste.